

LA CANTINE
SPORTS
CLUB

FOOD MENU

LES ENTRÉES

KING CRAB, AVOCADO & LEMON COMPOTE (S) - 245

ORGANIC QUINOA, SWEET POTATO, AVOCADO, KALE & SOFT
BOILED EGG (GF)(N)(E) - 75

SLICED AVOCADO, FETA CHEESE, LEMON & EXTRA
VIRGIN OLIVE OIL - 75

GREEK SALAD (V) - 75

TUNA NICOISE SALAD (S)(D) - 92

CARPACCIO OF CUCUMBER, KIWI, PINK PEPPER &
CITRUIS DRESSING - 58

JUMBO PRAWN (S) - 150 PER PIECE

CANADIAN LOBSTER (S) - 550

SEARED SEABASS, FENNEL SALAD, ARTICHOKE & BOTARGA - 158

PUMPKIN, CAULIFLOWER, BROCCOLI, STEAMED SWEET POTATO &
ROCKET SALAD (V)(N) - 88

JUMBO PRAWN (S) - 105 PER PIECE

CANADIAN LOBSTER - 500

LES PLATS PRINCIPAUX

GRILLED SALMON, ASPARAGUS & HERBS DRESSING - 145

GRILLED CORNFED CHICKEN BREAST, TOMATOES, FETA, QUINOA &
SHALLOTS (D) - 138

HEALTHY BEEF TENDERLOIN, STEAMED SWEET POTATO &
ROCKET SALAD - 240

Dietary Key:

(V) Vegetarian
(N) Nuts,
(S) Shellfish
(A) Alcohol,
(GF) Gluten-free

All our prices are in AED,
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LES ACCOMPAGNEMENTS

ROASTED ASPARAGUS - 48

BROCCOLINI & ALMONDS (N) - 48

MIX LEAF SALAD - 38

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LES DESSERTS

FRUIT PLATTER (VE) - 75

COCONUT MILK PANNA COTTA, CITRUS & HONEY - 58

ACAI SOFT SERVE GRANOLA, PEANUT BUTTER, STRAWBERRY & BANANA - 68

FROZEN LEMON & MINT SORBET - 62

UNTIL 11:30 AM

GREEK YOGHURT HONEY, BERRIES, MANGO,
TOASTED ALMONDS (D)(V)(N) - 58

GRANOLA BOWL WITH A CHOICE OF LOW MILK OR YOGHURT,
HONEY, BERRIES (D)(V)(N) - 60

AVOCADO TARTINE SOURDOUGH, LETTUCE & POACHED EGGS (N) - 78

SCRAMBLED EGGS ON TOAST (D) - 64
GLUTEN FREE BREAD OPTION

FRUIT SALAD BERRIES, MINT SYRUP (VE) - 75

WATERMELON PLATTER (VE) - 75

ORGANIC ACAI SORBET, BERRIES, COCONUT CHIPS,
YOGHURT & GRANOLA (V)(N) - 75

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PRESSED JUICES

SWEET BEAT 45
Beetroot, Pomegranate, Watermelon, Strawberry

CARROT TWIST 45
Carrot, Orange, Lemon, Tumeric, Ginger

REAL GREEN 45
Kale, Broccoli, Cucumber, Celery, Lemon, Apple, Avocado

DARK BOOST 45
Activated Charcoal, Lemon, Agave

SWEET DETOX 45
Apple, Ginger, Spinach, Avocado, Pineapple

PROTEIN SHAKES

DESSERT RED 50
Strawberry, Beetroot Powder, Banana, Milk, Ice

BLUEWATER POWER 50
Matcha Powder, Banana, Date Puree, Milk, Ice

MONKEY CHOCOLATE 50
Cacao, Banana Puree, Milk, Ice

GO NUTS! 50
Almond Butter, Banana, Date Puree, Macadamia, Milk, Ice

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PROTEIN ADD ON

PROTEIN ADD ON 25
Whey Protein, Vegan Powder, Collagen Protein

VEGAN ADD ON 25
Chia Seeds, Spirulina, Matcha Powder, Acai

SUPERFOOD SMOOTHIES

SKIN GLOW 50
Blueberry, Raspberry & Banana

PINK DRAGON 50
Dragon Fruit, Mango & Strawberry

CLEAN GREENS 50
Spinach, Celery, Broccoli, Mango, Banana & Pineapple

AFRICAN BLUE 50
Blue Spirulina, Mango, Coconut, Banana & Raspberry

REFRESH ME 50
Avocado, Lime, Mint & Mango

VITAMIN BOOSTER 50
Beetroot, Ginger, Pineapple & Blueberry

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ENERGY KICK 50
Nut-Free Peanut Butter, Acai, Banana & Cherry

SUNRISE BY THE BEACH 50
Baobab Mango, Coconut, Lime & Ginger

REFRESHMENTS

LA CANTINE'S HOME-MADE LEMONADE 35

HOMEMADE ICED TEA 50
Ask your Waiter for the Flavors of the Day!

COCONUT WATER 50

FRESH JUICES 35

IMMUNITY SHOTS

VITAMIN C / TURMERIC ROOT SHOOT / GINGER SHOT / GINSENG SHOT 30

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FROM

LA CANTINE DU FAUBOURG
n°105, Rue du Faubourg, Saint-Honoré
75008 Paris, France

TO

LA CANTINE BEACH
Delano, Bluewaters Island, Dubai,
United Arab Emirates